

CHARMAINE BURGH

TREATMENT ADVICE & INSTRUCTIONS

General Post Procedure Information

In order to keep your permanent makeup looking fresh it is necessary to have maintenance (re touch) every 8-24 months.

With all permanent makeup treatments it is recommended that you wash the area gently 3-4 hours post treatment to remove any seepage from the area. Please avoid getting wet again and follow the aftercare instructions.

Please note that the colour following the procedure will be up to 70% darker immediately after treatment, the colour will fade 4-7 days after and the final healed colour will not be visible until 4 weeks following your initial treatment.

If you have any questions regarding your permanent make up please do not hesitate to contact me.

Healing Information

2-5 days after any permanent treatment you may experience the following symptoms: Flaking, redness, tenderness, aching, swelling and dryness.

For eye treatments eyelashes may stick together and the eyelid may appear red and swollen. Your permanent make up procedure can be effected If you suffer any medical treatments discussed in your consultation. This will inevitably slow down the healing process and the aforementioned, symptoms may therefore appear more prominently.

However, it is unlikely these symptoms will prohibit you to go about your normal activities the following day. PLEASE include the following in your daily routine for a minimum of 5 days following treatment:

- Apply the provided moisturising balm to the treated area (excluding eyeliner) at least 2 times per day using a clean cotton bud.

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- Thoroughly wash your hands before and after treating the area and always use a clean cotton bud each time to avoid infections.
- Avoid getting the area wet when showering, if this does happen please pat dry with a clean towel or tissue.
- **DO NOT RUB THE AREA**
- Use saline for bathing eyes only

Additional Precautions

- If you have ever suffered from cold sores or herpes it is strongly advised that you take your medication (eg Zovirax) 7 days before and after lip treatment this will help prevent further complications such as an outbreak and to minimise any discomfort.
- DO NOT expose the treated area(s) to extreme hot or cold until the healing process is complete ie sunbathing, tanning beds, saunas and anything else that exposes the skin to extreme temperatures.
- Avoid using makeup for at least 3 days following your permanent makeup procedure if you feel the need to wear mascara please use a brand new one to avoid infection.
- DO NOT pick, scratch or rub the treated area doing these things may cause infection and effect the healing process which may result in scarring.

Important Information

If you are planning on having a MRI scan, chemical peel or any other medical or cosmetic treatment/ procedure please inform the practitioner that you have got permanent makeup.

You will not be eligible to give blood until after 1 year following permanent makeup.